

Oppression Matrix

Type of Oppression	Oppressed Social Groups	Border Social Groups	Privileged Social Groups	Social Identity Categories
RACISM	people of color	biracial and multiracial people	white people	race
SEXISM	women non-binary people intersex people		men	gender sex assigned at birth
TRANSPHOBIA	trans people	non-binary people	cisgender people	
HOMOPHOBIA	lesbians gay men queer people	bisexual people	straight people	sexuality
CLASSISM	working class low- or no-income unhoused people	middle-income people	rich upper-class people	socioeconomics
ABLEISM	disabled people	people with temporary disabilities	non-disabled people	disability
RELIGIOUS OPPRESSION	Muslim, Jewish, Sikh, Hindu, Buddhist believers atheists, agnostics Indigenous people		Christians	religion
AGEISM	youth people 65+	young adults	adults	age
NATIVISM XENOPHOBIA	immigrants asylees people trafficked from abroad		US citizens	citizenship
COLONIALISM	Indigenous people		colonizers	indigeneity